



January 2024



"And now we welcome the New Year. Full of things that have never been." *Rainer Maria Rilke*

Happy & Healthy New Year!

Marilyn Holtzman  
*Golden Age Chairperson*



## WEEKLY PROGRAMS

**Unless otherwise noted**, all our meetings and programs are held at  
Adath Israel Congregation, 1958 Lawrenceville Rd, Lawrenceville.

**Monday, January 8th**

**NOTE THE SPECIAL TIME FOR THIS PROGRAM!!**

11:00am - Meeting / 11:30am Program of the day

**JEWS' CLUES**

Caryn Alter and Steve Cohen



A registered dietitian by profession, Caryn has been doing genealogy research and freelance writing since college, when she mailed out family history questionnaires to all her relatives. She has done numerous genealogy presentations throughout New Jersey and beyond with Steve Cohen, with whom she wrote *What's in a Name? A Young Person's Jewish Genealogy Workbook (Hakodesh Press)*.

Steve, who grew up in Ewing, is a writer and podcaster with PhD in chemistry who started doing genealogy in late 1970 as a 2<sup>nd</sup>-grade school project – he now has over 4,600 people on his tree. He has done numerous presentations around the country on Jewish genealogy. Steve co-wrote an article in *Sharsheret HaDorot* entitled "The Kantorovitch family from Lakhva," and a book entitled *What's in a Name? A Young Person's Jewish Genealogy Workbook (Hakodesh Press)* with Caryn Alter.

The duo will present "Jews' Clues: How One Book, Two Authors, and a Few Good Clues can Jumpstart your Jewish Genealogy Quest," by exploring the genealogical clues right under your nose. Learn how overlooked items in your house, Jewish holiday traditions, and even food customs can provide a glimpse into your family history.

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## **AGENDA FOR THE DAY**

*Note some time changes this year*

11:00 • Coffee & Catching Up

11:15 • Meeting, Announcements, Current Events

12:15 • Lunch Time, Bring your own, dairy or pareve lunch & enjoy it

along with your friends. Your lunch must follow

Adath Israel's "Potluck Policy" for kashruth.

1:00 • Program of the Week

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Monday, January 15th  
Closed for MLK Holiday

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**Monday, January 22nd**  
**LUNCH AND A MOVIE**  
**"THE JEWISH PEOPLE, A STORY OF SURVIVAL"**

A film narrated by Martha Teichner of CBS, documenting the centuries of our survival from slavery, exile, antisemitism, pogroms and the Holocaust. How did we endure while so many other communities have vanished??

Before the movie, enjoy a light lunch courtesy of our JCC.



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**Monday, January 29th**  
**AGING UNBOUND: NEW FRONTIERS IN AGING WELL**  
Dr. Drew Dyson, CEO of the Center for Modern Aging Princeton



Dr. Drew Dyson, CEO of the Center for Modern Aging Princeton

(formerly Princeton Senior Resource Center), will share new research in the field of aging. Dr. Dyson will share insights pointing to healthy aging and will share how the Center for Modern Aging Princeton and other community organizations work to combat ageism and contribute to aging unbound.

Drew A. Syson, PhD has been the Chief Executive Officer of the Center since March 19, 2019. Before coming to CMAP, Drew was the Raritan Valley District Superintendent for the United Methodist Church of Greater New Jersey. He holds a PhD in Practical Theology and a Master of Divinity from Princeton Theological Seminary.

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 **BIRTHDAYS**

January 7 --- Sue Levine

January 13 - Marilyn Holtzman

January 14 – Janice Pincus

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 **MEMBERSHIP DUES**

### DUES ARE DUE for 2024!

Your **annual membership** of the Golden Age Club begins in January. Please remit your check for **\$60**, payable JCC Princeton Mercer Bucks and mail to 148 Cedarville Rd, East Windsor, NJ 08520. Or, **click the "register here" button** and pay via credit card.

All renewals are due by **1/31/24**.

[Register Here](#)

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*The Golden Age Club is a program of the JCC Princeton Mercer Bucks and Abrams Camps. It provides a place for socialization, education, and entertainment for those in their golden years. Our seniors enjoy speakers, celebrating Jewish events, and a sense of community.*

**SPONSORED BY**



148 Cedarville Road, East Windsor NJ 08520

609.606.7070

[jccpmb.org/golden-age-club](http://jccpmb.org/golden-age-club)

STAY CONNECTED

