

# J GOLDEN AGE NEWS

Princeton Mercer Bucks

**MARCH**

**2020**

The Golden Age Club is a program of the JCC and meets at Adath Israel Congregation, 1958 Lawrenceville Road in Lawrenceville NJ for all its Monday & Wednesday activities.

For questions or directions, call the JCC (609) 606-7070.



## WEEKLY SCHEDULE

### MONDAYS

**10:00-11:00** – Social Hour with Coffee and Tea

*Exercise Class is on hiatus*

**11:00** – Meeting, Reports, and Current Events Forum with moderator, Phyllis Stoolmacher

### **12:00 – Lunch with Friends**

Reservations are a must. Call Ketti at 609-637-0030 if you have not signed up at the prior meeting.

**12:45** – Program of the Day

 **MARK YOUR CALENDARS!**

## Save the Date

**Monday, April 6, 2020**  
**ANNUAL GOLDEN AGE SEDER**  
**11:00 at Adath Israel**

Once again, our Seder will be held jointly with our friends from **Café Europa**, the Holocaust Survivors group of JFCS. This year's guest Seder leader will be **Rabbi Bob Freedman of The Princeton Jewish Center**.

Our model Seder, with all the ceremonial trimmin will be followed by the traditional Passover meal. Enjoy matzoh ball soup, gefilte fish, haroset, roast chicken, wine and seltzer, fruits, sponge cake and honey cake.



Free for members of the Golden Age Club and Café Europa. \$15 for guests.

Reservations are required. Use the enclosed form to reserve your place. Mail it or bring to a meeting.

## In Our Community

### FRIENDS CIRCLE

The March Friends Circle Memory Café will be held at Adath Israel Synagogue on **Tuesday, March 10<sup>th</sup> from 1:00 – 3:00 p.m.**

This program is free and open to the public. It is especially enjoyed by anyone with memory concerns and their care partners.

Refreshments are served and vocal and instrumental music will be provided by a talented entertainer from **Mary's Melodies** in a warm and welcoming atmosphere.

To make a reservation, email [memorycafe@greenwoodhouse.org](mailto:memorycafe@greenwoodhouse.org) or call Barbara Goodman At 609-883-5391, ext. 388.



# PROGRAMS

## March 2

**10:15 – Executive Board Meeting**  
**12:45 – “Tea, the Second Most Consumed Drink in the World and A Commodity That Changed That World” - Mike Raab** will discuss the history and cultural aspects of tea beginning in China; its importance in economics and its geo-political impact. Why was tea the focus of British taxation leading to the Revolutionary War? How was tea used to trade for horses and for opium? What is the correct way to prepare tea? Tea rituals and customs.

Mike and his wife Debbie are Certified Tea Specialists and have been selected as Tea Mentors. They operate **Tea-For-All**, a local specialty tea shop in the Trenton Farmers Market.



## March 9

**12:45 – “One Night with the King” –** Watch the biblical tale of Esther (Hadassah), a humble Jewish girl who saved her people from annihilation and won the heart of the handsome Persian King Xerxes (Ahasuerus). Hiding her heritage, she becomes his bride and thus Queen of Persia. With courage and faith, she saves her people. Hollywood's production includes Omar Sharif and Peter O'Toole in pivotal roles with Tiffany Dupont as Esther.

Our Purim celebration today will be accompanied with hamantashen!!

## March 16

**12:45 - Life and Legacy “Creating a Jewish Legacy” – Linda Meisel & Amy Zacks**



from the Jewish Community Foundation will speak to us about LIFE & LEGACY and how you too can create a Jewish legacy. The Jewish Community Foundation of Greater Mercer educates, inspires and connects donors to causes that resonate with them. Since 1964, individuals, synagogues and agencies (including JCC of Princeton Mercer Bucks) have entrusted the Foundation with philanthropic funds in order to meet the needs and challenges of our community. Through our funds, we provide more than \$1.5 million annually in grants, and through LIFE & LEGACY, the Foundation has helped 17 partner organizations to ensure Jewish continuity in our region. To date, we have secured over 600 legacy gift commitments, representing an estimated \$32 million in future funds for our Jewish community.

## March 23

**12:45 - “Synagogues in Mumbai (Bombay) India” - Beverly Rubman** and her husband **Mark Goldfus** visited India in December 2019. Among the highlights of their trip were visits to 4 Indian synagogues, illustrating the history of Jews in this dynamic port city. Please join us for an illustrated talk about what they learned.



## March 30

**12:45 - Dr. Tom Ross, Founder of the Petito-Ross Chiropractic and Wellness Center**, has been practicing in his Hamilton office since 1985. His focus is to help his patients lead a healthy lifestyle. Dr. Ross will share with us some instructions to improve balance and how to achieve general well-being.

## March Birthdays!

No birthday's this month



## Sharing & Caring

Please call **Trudy Fahey** (609- 720-0030) to make a contribution in honor of any of our celebrants or for any other occasion. With a minimum \$3 donation, a note will be sent to the recipient.

**Kosher meals provided by the Greenwood House & partially funded by the Mercer County Office on Aging in partnership with The Jewish Federation, Jewish Family & Children's Services and the JCC.**



**The Jewish Federation**  
OF PRINCETON MERCER BUCKS



**JEWISH & FAMILY CHILDREN'S SERVICE**  
OF GREATER MERCER COUNTY